



Lental Yatra '25: Participant Handout



LENTAL YATRA – Week 2/DAY 6

Wednesday, March 28, 2025

Session Overview: Me and My Immediate Society & Church

Session Focus: *As followers of Christ, we are called to serve our society and Church with love and compassion, reflecting God's care for the poor and marginalized.*

Session Overview

As followers of Christ, we are called to serve our society and Church. Our faith is not just about personal holiness but also about how we live out Christ's love in our communities. This session focuses on our Christian responsibility to serve those around us, particularly the poor and marginalized.

Session Topics

1. The Call to Serve Our Society and Church

"For even the Son of Man came not to be served but to serve, and to give his life as a ransom for many." (Mark 10:45)

- The Church calls every Christian to serve, following the example of Jesus.
- Our Baptism calls us to be part of the mission of the Church.
- True faith is reflected in action – service and charity are expressions of love.

Reflection Questions:

- In what ways am I already serving my community and Church?
 - How can I use my talents and resources to help others?
-

2. Acts of Kindness and Service

"Let us not love in word or speech but in deed and in truth." (1 John 3:18)

- Small acts of kindness can have a big impact.
- Volunteering in the Church, helping a neighbour, supporting those in need.
- Encouraging a culture of service in our families and communities.

Reflection Questions:

- What are simple ways I can show kindness in my daily life?
 - How can I be more intentional in serving those around me?
-





Lental Yatra '25: Participant Handout



3. Christian Responsibility to the Poor and Marginalized

"Whatever you did for one of the least of these brothers and sisters of mine, you did for me."
(Matthew 25:40)

- Jesus identified with the poor, calling us to care for them.
- Our faith must move us to action—supporting the hungry, sick, and oppressed.
- The Church teaches the principles of social justice and preferential option for the poor.

Reflection Questions:

- How does my lifestyle reflect care for the marginalized?
- What practical steps can I take to help those in need?

Key Takeaways

- Serving others is an essential part of Christian life.
- Acts of kindness and charity are ways to live out our faith.
- We are called to care for the poor and marginalized as Jesus did.

To-Do List: Living Out My Faith Through Service

- ☐ Perform one act of kindness each day.
- ☐ Look for opportunities to serve in my Church or community.
- ☐ Be aware of the needs of the poor and take action to help.
- ☐ Encourage others to join in acts of service and charity.
- ☐ Pray for a heart that seeks to serve like Jesus.

Final Thought

"Each of you should use whatever gift you have received to serve others, as faithful stewards of God's grace in its various forms." (1 Peter 4:10)

Jesus calls us to be His hands and feet in the world. Through acts of kindness, service, and care for the marginalized, we live out the Gospel and bring His love to those around us. Let us commit to making a difference in our society and Church through selfless service!

